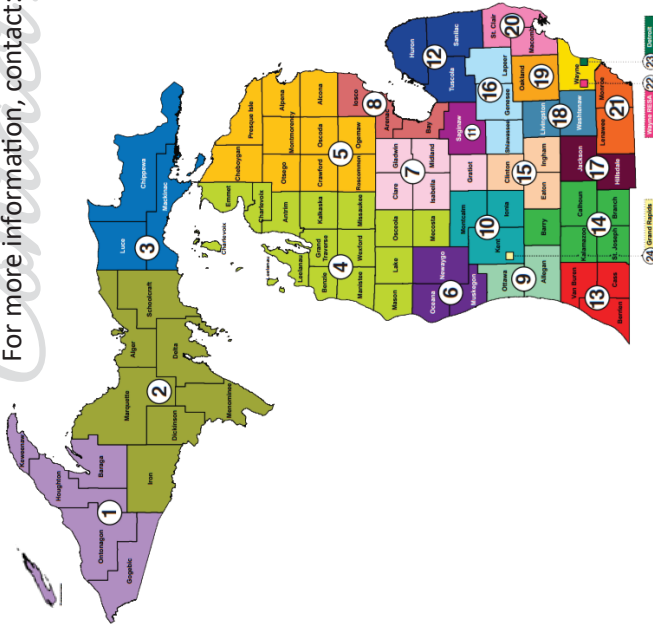


For more information, contact:



- 7** **Gratiot-Isabella RESD**  
Clare, Gladwin, Gratiot, Isabella, Midland  
Cathy Rayburn  
(989) 875-5101 x2339  
crayburn@giresd.net
- 8** **Bay-Arenac ISD**  
Arenac, Bay, Iosco  
Amy Wassmann  
(989) 399-7462  
wassmanna@sids.cc
- 9** **Ottawa Area ISD**  
Allegan, Ottawa  
Beverly Schroeder  
(616) 738-8940 x4110  
bschroed@oaisd.org
- 10** **Kent ISD**  
Ionia, Kent, Montcalm  
Cheryl Blair  
(616) 365-2269  
cherylblair@kentisd.org
- 11** **Saginaw ISD**  
Saginaw  
Amy Wassmann  
(989) 399-7462  
wassmanna@sids.cc
- 12** **Tuscola ISD**  
Huron, Sanilac, Tuscola  
Elizabeth (Betsy) Dillon  
(989) 673-2144 x30423  
bdillon@tuscolaisd.org
- 13** **Van Buren RESA**  
Berrien, Cass, Van Buren  
Tom Richardson  
(269) 539-5321  
trichardson@vbisd.org
- 14** **Calhoun ISD**  
Kalamazoo, St. Joseph, Calhoun, Barry, Branch  
Angela Blood  
(269) 789-2413  
blooda@calhounisd.org
- 15** **Eaton RESA**  
Clinton, Eaton, Ingham  
Micki Fuhrman  
(517) 541-8759  
mfuhrman@eatonresa.org
- 16** **Genesee ISD**  
Genesee, Lapeer, Shiawassee  
Judy Fridlin  
(810) 591-5592  
jfridlin@geneseeisd.org
- 17** **Jackson County ISD**  
Hillsdale, Jackson  
Janelle Buchler  
(517) 787-5903  
janelle.buchler@jcsd.org
- 18** **Livingston ESA**  
Livingston, Washtenaw  
Mary Beno  
(517) 540-6838  
marybeno@livingstonesa.org
- 19** **Oakland Schools**  
Oakland  
Christina Harvey  
(248) 209-2413  
christina.harvey@oakland.k12.mi.us
- 20** **Marquette-Alger RESA**  
Alger, Delta, Dickinson, Iron, Marquette, Menominee, Schoolcraft  
Kelly Sager  
(906) 226-5143  
ksager@maresa.org
- 21** **Monroe ISD**  
Lenawee, Monroe  
Jean Foster  
(734) 242-5799 x1335  
jean.foster@monroeisd.us
- 22** **Wayne RESA**  
Wayne  
Cynthia (Cindy) Cook  
(734) 334-1608  
cookc@resa.net
- 23** **Detroit Public Schools**  
Detroit  
Arlene Richardson  
(313) 870-3632  
arlene.richardson@detroitk12.org
- 24** **Grand Rapids Public Schools**  
Grand Rapids  
Dyshea Cartman  
(616) 819-2155  
cartmand@grps.org
- 25** **Muskegon Area ISD**  
Muskegon, Newaygo, Oceana  
Ashley Westerlund  
(231) 767-7310  
awesterlund@muskegonisd.org
- 26** **Grand Rapids**
- 27** **Grand Rapids**
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# Michigan School Health Coordinators' Association



Michigan has a unique network of Regional School Health Coordinators (RSHCs) that works collaboratively to serve every school in the state of Michigan. The network of coordinators collaborates with federal, state, and local governmental and non-profit agencies to promote the health of children, youth, and families in Michigan.

**"If American schools do not coordinate and modernize their school health programs as a critical part of educational reform... we will forfeit one of the most appropriate and powerful means available to improve student performance."**

—Lloyd Kolbe  
*The founder of the Division of Adolescent and School Health at the CDC.*

# Michigan Model for Health™

Comprehensive K-12 health education helps prevent risk behaviors that interfere with a student's academic success. The Michigan Model for Health (MMH) is Michigan's comprehensive K-12 health education curriculum. This curriculum is aligned with the National and Michigan Health Education Standards.



## Michigan Model for Health™ makes an impact

Michigan Model for Health is listed on the National Registry of Evidence-Based Programs and Practices (NREPP). MMH is proven effective in reducing student risk behaviors. Students who receive the Michigan Model for Health Curriculum show the following:

- ▶ Better interpersonal communication skills, social/emotional skills, self-management skills
- ▶ Improve pro-health and pro-safety attitudes
- ▶ Stronger drug and tobacco refusal skills
- ▶ Reduced intention to use alcohol and tobacco
- ▶ Increased knowledge and skills in physical activity and nutrition

*Did you know?*

Of 436 randomly sampled public schools surveyed statewide, 87% reported using one or more MMH curriculum content areas in at least one grade level during the 2015-16 school year.

# The Whole School Community Child

The Whole School, Whole Community, Whole Child (WSCC) model is an expansion and update of the Coordinated School Health (CSH) approach. The WSCC incorporates the components of CSH and the tenets of the ASCD's\* whole child approach. The goal of this model is to strengthen a unified and collaborative approach to learning *and health*.

The WSCC model focuses on the child. This model emphasizes the school as being a part and reflection of the local community and acknowledges the intricate relationship between health and learning.



## WSCC: The Model

Schools, health agencies, parents, and communities share a common goal of supporting the health and academic achievement of adolescents. Research shows that the health of students is linked to their academic achievement. By working together, the various sectors can ensure that every *young person* in every school in every community is healthy, safe, engaged, supported, and challenged. The WSCC Model is a comprehensive and systemic approach to improving both the health and academic success of students.

\*Formerly known as the Association for Supervision and Curriculum Development

# Return on Investment

Regional School Health Coordinators Provide Huge Return on Investment for Health and Wellness Initiatives Funding!



This infographic illustrates the huge "growth" leveraged from the "seed" funding that the Michigan legislature allocated for statewide coordination of school health education programs.

The Michigan Legislature invested \$302,500 for the implementation of the **Michigan Model for Health** and school health education statewide in the 2018-2019 fiscal year. Through grant writing and the development of collaborative working relationships with federal, state, and local agencies and organizations, **Regional School Health Coordinators** generated over **7 million dollars** of additional funding for promoting healthy kids and families throughout the state of Michigan.

**This calculates to a return on investment of more than 2500%.**

This means that for every dollar invested by the Michigan legislature for school health education, the Regional School Health Coordinators generated \$25 dollars in additional funding!