

Did you know?

Michigan parents want *more* health education in schools.

In a recent statewide poll of 600 likely voters, over 80% feel that Kindergarten through 5th grade students should be required to have 15 hours of health education per school year and 6th–8th grade students should be required to have 50 hours per school year (EPIC-MRA, 2012).

Nationally Parents' Support for Health Education in School

Percent who say topic should definitely be covered:

Traditional Health Education Topics	
Physical Activity	76%
Drug and Alcohol Abuse	75%
Healthy Eating	71%
Sex Education	70%

Additional Health Education Topics	
Basic First Aid	68%
Emotional/Mental Health	67%
CPR/Emergency Life Support	63%
Using the Health Care System	39%

—Source: C.S. Mott Children's Hospital
National Poll on Children's Health, 2016

